CAMDEN'S HOUSE

Treatment contraindications

Lymphatic Drainage

- Pregnancy.
- Known or suspected DVT, blood clot, or pulmonary embolism.
- Inflammatory phlebitis.
- Acute infection or cellulitis in the affected limb or treatment area.
- Decompensated or uncontrolled heart failure.
- Severe peripheral arterial disease, severe arteriosclerosis, or other ischaemic vascular disease.
- Any condition in which increased venous or lymphatic return is undesirable.
- Unexplained calf pain or leg pain until medically assessed.
- Active local skin infection or significant inflamed skin eruption in the treatment area.
- Recent surgery or a medical procedure without clearance during the recovery phase.
- A pacemaker or other implanted medical device.
- Stable heart disease or other cardiac history.
- Active cancer, current cancer treatment, or recent cancer history.
- Non-infected open wounds or fragile skin.
- Vascular disease or vascular history.
- Controlled chronic conditions where fluid shift may still be relevant.

Full Body Red Light

- Pregnancy.
- A cardiac pacemaker.
- Malignant tumour or active malignancy.
- An allergy to light or use of photosensitising medication.
- Active haemorrhage, shock, or significant internal organ damage.
- High fever, active tuberculosis, or vasculitis obliterans.
- Severe heart disease or severe kidney disease.
- Active cancer treatment such as chemotherapy.
- Photosensitivity disorders such as lupus or porphyria.
- History of light-triggered seizures or photosensitive epilepsy.
- Suspicious, changing, or undiagnosed skin lesions.
- Active skin infection or significant skin disease.
- Severe skin irritation or marked light sensitivity.
- Recent steroid injection.

CAMDEN'S HOUSE

Roller and Vibra

□ Pregnancy.
□ Suspected or confirmed DVT or blood clot.
□ Open wounds, broken skin, active ulcers, or burns.
□ Recent surgery or unhealed post-operative tissue.
□ Acute infection or fever or contagious illness.
□ Active bleeding.
□ Severe skin inflammation or rash or infection in the treatment area.
□ Any condition that makes standing or supported positioning unsafe.
□ Cancer history, especially within the last 5 years.
□ Active cancer or malignancy, unless medically cleared.
□ Epilepsy.
□ Arrhythmias or significant cardiovascular disease.
□ Uncontrolled hypertension.
□ Parkinson's disease or neurological conditions affecting coordination.
□ Significant spinal degeneration, disc pathology, sciatica, or spinal instability.
□ Joint replacements or spinal implants.
□ Diabetes with neuropathy or reduced sensation.
□ Impaired skin sensation or inability to feel heat.
□ Metal implants in the treatment area (with infrared use).
□ Severe pain with pressure or marked tenderness.
□ Severe peripheral vascular disease or impaired circulation.
□ Severe or painful varicose veins in the treatment area.

CAMDEN'S HOUSE

Roller and Vibra

□ Pregnancy.
□ Infectious illness or fever.
□ Acute inflammation.
□ Fresh post-operative wounds or very recent surgery.
□ Joint replacement or spinal implant or fixation hardware.
□ Active cancer with metastases to the musculoskeletal system.
□ A pacemaker or implanted electronic device.
□ Epilepsy.
□ Arrhythmia, heart disease, unstable cardiovascular disease, or uncontrolled hypertension.
□ History of DVT or PE or active clotting disorder.
□ Cancer history or recent recovery from cancer.
□ Parkinson's disease.
□ Osteoporosis, recent fracture, or high fracture risk.
□ Hernia.
□ Disc prolapse, sciatica, significant spondylosis, spinal instability, severe back pain, or nerve compression symptoms.
□ Severe vertigo, dizziness, or balance disorder.

Korean Hydrogen Facial

□ Pregnancy or breastfeeding, due to the active AHA and BHA chemical peel solutions.
□ Pacemakers, defibrillators, or electrical or metal implants.
□ Allergy to aspirin or salicylic acid.
□ Active infection, a cold sore, or open wounds.
□ Active dermatitis, eczema, psoriasis, or severe rosacea.
□ Severe, inflamed cystic acne.
□ Recent use of isotretinoin (Accutane).
□ Recent oral or topical retinoid use.
□ Recent aesthetic procedures, including Botox, fillers, waxing, or peels.
□ Active sunburn or recent excessive tanning.
□ Autoimmune diseases.
□ Uncontrolled diabetes.
□ History of skin cancer or suspicious lesions.
□ Allergy or sensitivity to treatment products.

Celluma Elite

□ A cancerous tumour or metastasis.
□ Taking photosensitising medication.
□ Epilepsy or a history of seizures triggered by light.
□ Active, suspected, or recent DVT or VTE.
□ Active bleeding disorder, haemorrhagic condition, or anticoagulation with elevated bleeding risk.
□ Active cancer, current cancer treatment, or recent cancer history.
□ Significant cardiovascular disease, arrhythmia, or suspected heart disorder.
□ Pulmonary insufficiency or significant breathing impairment.
□ Epilepsy or seizure disorder.
□ Neurological disorder affecting muscle control, pelvic sensation, coordination, or treatment safety.

PEMF Express and Premium

□Pregnancy.
□A pacemaker or implanted electronic device, including an implanted defibrillator, neurostimulator, cochlear implant, intrathecal pump, insulin pump, spinal cord stimulator, or similar device.
□Having received an organ transplant.
□Active bleeding or haemorrhage, or an open wound or recent surgery where bleeding is not fully controlled.
□Suspected, active, or recent blood clot or DVT or VTE.
□An implanted magnetic, ferromagnetic, or MRI-unsafe implant or device.
□Epilepsy, seizure disorder, or unexplained loss of consciousness.
□Recent surgery or recent injury once the acute bleeding phase has passed.
□Severe cardiac disease, arrhythmia, heart failure, or significantly unstable blood pressure.
□Active cancer, suspected malignancy, or recent cancer history.

InfraShape

□ Pregnancy.
□ A suspected or confirmed DVT or blood clot.
□ Acute infection, fever, or systemic illness.
□ Active bleeding.
□ An open wound, ulcer, burn, or skin infection in the treatment area.
□ Recent surgery, recent fracture, or acute injury.
□ Severe peripheral vascular disease.
□ Inability to exercise safely or tolerate infrared heat.
□ A severe musculoskeletal, neurological, or balance problem that makes use unsafe.
□ Severe pain during treatment.
□ Active cancer, recent cancer history, or current cancer treatment.
□ Neurological conditions affecting coordination, sensation, or exercise tolerance

EMS Ultra Tesla

□ Pregnancy.
□ A pacemaker or implanted electronic device, including ICDs, neurostimulators, drug pumps, or similar implants.
□ A metal implant in or near the treatment area, including certain orthopaedic implants or a metal IUD or copper coil where relevant.
□ An unrepaired abdominal hernia, a suspected hernia, or a previous hernia repair that has not been fully assessed as safe for treatment.
□ Recent surgery, unhealed post-operative tissue, or any condition where strong contractions may disrupt healing.
□ An open wound, active skin infection, significant inflammation, swelling, or broken skin in the treatment area.
□ Acute trauma, recent muscle injury, or acute pain in the treatment area.
□ Fever, acute systemic illness, or active infection.

□ Active, suspected, or recent DVT or VTE.
□ Active cancer, current cancer treatment, or recent cancer history.
□ Active bleeding disorder or elevated bleeding risk.
□ Significant cardiovascular disease, arrhythmia, pulmonary insufficiency, or uncontrolled hypertension.
□ Epilepsy or seizure disorder.
□ Neurological disorder affecting muscle control, coordination, sensation, or treatment safety.
□ Diabetes with neuropathy or reduced sensation in the area.
□ Severe kidney or liver disease.
□ Breastfeeding.

Zaffiro Face and Neck

□ Pregnancy or breastfeeding.
□ Active infection or a cold sore.
□ Open wounds or irritated skin.
□ Active dermatitis or inflammation.
□ Photosensitivity or photosensitising medication, such as isotretinoin.
□ Antibiotics listed as photosensitising: doxycycline, lymecycline, tetracycline, ciprofloxacin, and other quinolones.
□ Anti-inflammatory painkillers listed as photosensitising: ibuprofen and naproxen.
□ Heart medicine listed as photosensitising: amiodarone.
□ Diuretics listed as photosensitising: hydrochlorothiazide and some other thiazides. Immune-modifying □ medicines listed as photosensitising: methotrexate and azathioprine. Antipsychotic medicine listed as □ photosensitising: chlorpromazine.
□ Herbal remedy listed as photosensitising: St John's wort.
□ Recent or excessive tanning over the treatment area.
□ Oral or topical retinoid use.
□ Active cancer or recent cancer treatment.
□ Uncontrolled diabetes.
□ An immune-system disorder or immunosuppressant medication.
□ A bleeding disorder or anticoagulant medication.
□ A significant heart or neurological condition.
□ Keloid scarring or poor wound healing.
□ An aesthetic procedure, such as Botox or dermal filler, in the treatment area within the past 4 weeks.
□ A pigmentation disorder, tattoo, or suspicious lesion in the treatment area.
□ Allergy or sensitivity to treatment products.

CAMDEN'S HOUSE

EMS Pelvic Floor Chair

- □ Pregnancy.
- □ Breastfeeding.
- □ A pacemaker or implanted electronic device, including ICDs, neurostimulators, or drug pumps.
- □ A metal implant or metallic device in or near the pelvic treatment area, including a metal IUD or copper coil where relevant.
- □ An unrepaired abdominal or pelvic hernia, a suspected hernia, or a previous hernia repair with mesh that has not been medically cleared.
- □ Recent pelvic, abdominal, gynaecological, urological, or colorectal surgery, or unhealed post-operative tissue.
- □ Fever, acute systemic illness, or active infection.
- □ Markedly impaired sensation in the treatment area.
- □ Inability to sit safely and comfortably for the full session.

- □ Active, suspected, or recent DVT or VTE.
- □ Active bleeding disorder, haemorrhagic condition, or anticoagulation with elevated bleeding risk.
- □ Active cancer, current cancer treatment, or recent cancer history.
- □ Significant cardiovascular disease, arrhythmia, or suspected heart disorder.
- □ Pulmonary insufficiency or significant breathing impairment.
- □ Epilepsy or seizure disorder.
- □ Neurological disorder affecting muscle control, pelvic sensation, coordination, or treatment safety.